

2010 Spring Rec League Meet



Open Stretch	5:45 p.m.
March-In	6:00 p.m.
Timed Warm-ups/Competition	6:05 p.m.

Parents,

Please have your gymnast dressed in her team leotard with her hair neatly secured in a bun (if able). It is very important that your gymnast arrives to the gym promptly at 5:45 p.m. in order to participate in the mandatory Open Stretch period. This period will be followed by march-in and Timed Warm-ups. All gymnasts must be present during Timed Warm-ups in order to participate in the competition. Awards will immediately follow the competition and will be given based on age groups.

You are welcome to invite friends and family. Come and support our students!

