

## **Rec League Frequently Asked Questions**

### **What is Athens Clarke Gymnastics Academy's Rec League?**

A FUN, recreational league for girls.

### **Does my child need any gymnastics experience?**

While we do not require an evaluation to participate on the Shooting Stars team, we do ask that the students have previous gymnastics experience prior to participating in these classes. The All Stars and Gym Stars teams require an evaluation and approval.

### **What are the age requirements for rec team athletes?**

Shooting Star team members must be 4-5 years. All Star team members must be 5-7 years and Gym Star team members must be 8 years and older. Age control date is September 1, 2009.

### **How will athletes be placed on teams?**

Team placement is based upon the athlete's skill level corresponding to our recreational program skill evaluation sheets and at the discretion of the gymnastics staff. Register at the front office. Evaluations are held prior to the start of each session.

### **How can my child advance to the next team?**

A gymnast can be evaluated for initial placement on a higher-level team by the coaching staff only. Once an athlete is assigned to a team, advancement to the next level may be achieved by receiving the minimum mobility score at TWO competitions or by testing out of a level.

### **What is the commitment level?**

A mere 15-weeks, the length of one session. Athletes are committed to their team for the entire session. No long-term commitment beyond the session is required.

### **How many competitions are there and where are they held?**

Competitions will be held at Athens Clarke Gymnastics Academy in the Bishop Park Gym for all teams. These competitions will usually be at the end of each respective session. The Gym Star team will travel outside of Athens for additional competitions with other gyms.

**How much practice will there be?**

Practices are one or two days per week and last 55 minutes or 1 hour and 25 minutes depending on the team level.

**How much does it cost?**

Session tuition for Shooting Stars is \$89 for ACC residents and \$134 for Non-residents. Tuition for All Star and Gym Star students is \$119 for ACC residents and \$179 for Non-residents. Scholarships are available to Athens-Clarke County residents who qualify. Please inquire at the front office (Note: Scholarships may **only** be applied to session tuition costs). ***All tuition fees are subject to change based on the discretion of mayor and commission.***

A team uniform is required. The cost may range from \$25 - \$85 depending on the quantity we order.

There is an annual athlete registration membership fee of \$14 (for Gym Star Team only).

The Gym Star team members must pay a competition of \$25 per meet when we travel outside of Athens. The entry fees cover the expenses associated with the competitions such as awards and goody bags. We will participate in 2 to 3 away meets per year.

**If I have any questions, who should I talk to?**

Contact **Tina Washington** at [cwashington@co.clarke.ga.us](mailto:cwashington@co.clarke.ga.us) or call her at Athens Clarke Gymnastics Academy at 706.613.3589.